

## Social Emotional and Behavioural Difficulties

AdCert, BPhil, PGCert, PGDip, MEd

Distance Education

### What is SEBD?

SEBD stands for Social, Emotional and Behavioural Difficulties. Within England and Wales the term used by government and local authorities more often is BESD, Behavioural, Emotional and Social Difficulties. What ever the order of the words the 'term' covers those children and young people whose behaviours present challenges within educational settings, to themselves, their peers and to the adults involved in their education.



### Is this programme for you?

The programmes in Social, Emotional and Behavioural Difficulties (SEBD) are designed for those working in settings which provide education for children and young people with SEBD. It is particularly suited to teachers, care workers, mentors, youth workers and learning support assistants working in primary, secondary, further education and specialist settings.

### What does the programme offer?

#### Module 1

##### SEBD Identification, Assessment and Provision:

This module introduces students to a range of issues related to social, emotional and behavioural difficulties (SEBD). It examines national and local policies in relation to definitions, legislation and guidance documents. The interactions of key psychological and social perspectives are explored in the context of understanding and providing explanations for SEBD.

#### Module 2

##### SEBD Strategies, Interventions and Approaches:

This module outlines the key approaches to interventions, strategies and approaches to meeting the needs of children and young people with SEBD. Models of practice are explored which will be linked to key theoretical perspectives covered in the first module for this programme. Factors that contribute to prevention and the exacerbation of SEBD within Schooling are addressed with a focus on aspects of good practice.

#### Module 3

**Improving Classroom Achievement:** This module examines issues of teaching and learning in relation to the child or young person with SEBD. It examines learning styles, differentiation,

progression, appropriateness of curriculum, as well as literacy and numeracy within the context of National Strategies and the National Curriculum. Of particular focus will be PHSE and the teaching of Social, Emotional and Behavioural skills.

#### Module 4

##### Developmental Psychology for Childhood and Adolescence:

The Developmental Psychology of Childhood and Adolescence: This module provides a framework within which students can explore and gain an understanding of the paradigms within psychological development. The model further develops perspectives raised in earlier SEBD modules and their potential in understanding the nature of SEBD, its potential antecedents, and interventions to meet the needs of children and young people.

#### Module 5

##### Issues in the Education of Pupils Identified as having ADHD:

The module will begin with a needs assessment to provide students with profile of engagement with the course content and provide a 'base line' from which to show professional development. The following units will cover the problematic nature of identification and assessment of ADHD; ADHD from the perspectives of a Child Psychiatrist; An Educational Psychologist and a perspective from the classroom.

Study and Awards	
AdCert/PGCert	Modules 1-3
BPhil	Modules 1-4
PGDip/MEd	Modules 1-5

Those completing the PGDip do a school based study in term 6, those completing a BPhil complete a dissertation and those following an MEd complete a research module in preparation for their dissertation.

### How do you study?

The programme is offered by distance education. Each student has a personal tutor in a regional tutor group. Study is supported through study packs, tutorial groups, telephone, email and online WebCT contact which allow students to learn with each other. Internet access is required for the programme. There is a University based study-weekend twice a year and one study day mid year.

### How do I apply?

If you require an application form please contact the School of Education on 0121 414 4866 or at [education@bham.ac.uk](mailto:education@bham.ac.uk) giving your name and address. An early application is advised as places are allocated on a first come first served basis.

### Learn more

A more detailed SEBD information pack is available for this and other queries contact the Programme Tutor, Dr John Visser. Email: [J.G.Visser@bham.ac.uk](mailto:J.G.Visser@bham.ac.uk). Telephone: 0121 414 3606.

